

# Exploration and Analysis of Ideological and Political Elements in the Course of Musical Appreciation in Regular Colleges and Universities and Teaching Case Analysis

## Taking the Musical Film "The Sound of Music" as an Example

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### ABSTRACT

This paper takes the musical film "The Sound of Music" as the entry point and deeply discusses the exploration and integration of ideological and political elements in the course of musical appreciation in regular colleges and universities. Through the analysis of the plot, music, and character images of "The Sound of Music", it reveals the rich ideological and political education resources contained therein, such as patriotism, optimism, family values, and educational concepts. At the same time, combined with specific teaching cases, it expounds how to effectively use these ideological and political elements in the course of musical appreciation to improve students' ideological and moral qualities and comprehensive qualities, providing useful references for the ideological and political education in the course of musical appreciation in regular colleges and universities.

**Keywords:** Regular colleges and universities, Musical appreciation, Ideological and political elements, "The Sound of Music", Teaching cases.

## 1. INTRODUCTION

With the continuous deepening of educational reforms, ideological and political education in courses has become an important part of college education. The course of musical appreciation, as one of the important contents of art education in regular colleges and universities, can not only cultivate students' aesthetic abilities and artistic qualities but also contains rich ideological and political education resources. The musical film "The Sound of Music" has become an excellent material for ideological and political education in the course of musical appreciation with its beautiful music, moving plot, and profound ideological connotations. Therefore, it is of great practical significance to deeply explore the ideological and political elements in "The Sound of Music" and integrate them into the teaching of the musical appreciation course.

## 2. OVERVIEW OF THE MUSICAL FILM "THE SOUND OF MUSIC"

### 2.1 Plot Introduction

"The Sound of Music" is adapted from Maria von Trapp's autobiography "The Singers of the Trapp Family." It tells the story of novice nun Maria becoming a governess at Captain von Trapp's home and gradually establishing deep feelings with the captain's seven children. Against the background of Nazi Germany annexing Austria, Maria and Captain von Trapp's family finally escaped from the Nazi rule with the power of music and their love for the motherland.

### 2.2 Musical Characteristics

The music in the film has beautiful melodies and poetic lyrics, full of positive emotions. Songs such as "Do-Re-Mi" and "Edelweiss" not only have

high artistic value but also play an important role in promoting the plot development, setting off the atmosphere, and expressing the characters' emotions when closely combined with the plot.

### **2.3 Analysis of Character Images**

#### **2.3.1 Maria**

Maria is an enthusiastic, kind, optimistic, and brave woman. With her love and patience, she changed the dull living atmosphere of Captain von Trapp's family and taught the children to express their emotions with music. She never flinches when facing difficulties and challenges and always maintains a positive and optimistic attitude. This spirit has a strong appeal to students.

#### **2.3.2 Captain von Trapp**

Captain von Trapp is a serious, upright, and patriotic soldier. After the death of his wife, he was immersed in grief and was too strict in educating his children. Maria's arrival gradually changed him and made him regain the joy of life and love for his family. In the face of the threat of the Nazis, he firmly chose to protect his family and the motherland, showing a strong patriotic sentiment.

#### **2.3.3 The Children**

The seven children of Captain von Trapp have different personalities. But under Maria's guidance, they all gradually grew into kind, brave, and caring children. They found happiness and confidence in music and also learned unity, cooperation, and mutual care.

## **3. EXPLORATION OF IDEOLOGICAL AND POLITICAL ELEMENTS IN "THE SOUND OF MUSIC"**

### **3.1 Patriotism**

In the film, after Nazi Germany annexed Austria, Captain von Trapp's family firmly refused to yield to the Nazis. When Captain von Trapp sang "Edelweiss" at the concert, his eyes were full of deep affection and nostalgia for the motherland. He used his song to express his love for the motherland and resistance to Nazi rule. This patriotic sentiment can stimulate students' national pride and patriotic enthusiasm and cultivate students' feelings of family and country.

### **3.2 Optimism**

Maria always maintains an optimistic and upward attitude when facing various difficulties and challenges. She infects everyone around her with her songs and smiles and makes Captain von Trapp's family regain the happiness of life. This spirit of optimism can help students establish correct outlooks on life and values and cultivate students' attitudes towards facing life actively.

### **3.3 Family Values**

The film emphasizes the importance of the family. Maria used her love and care to make Captain von Trapp's family more united and happy. Family members understand, support, and care for each other and face the difficulties in life together. These family values can guide students to cherish their families, care for their family members, and cultivate students' sense of family responsibility.

### **3.4 Educational Concepts**

Maria adopted an education method that combines education with entertainment. She let the children learn knowledge and skills in a relaxed and happy atmosphere through music and games. She respected the children's personalities and interests and encouraged them to give play to their specialties. This educational concept can inspire teachers to pay attention to the dominant position of students in teaching, adopt diversified teaching methods, and stimulate students' interest in learning and creativity.

## **4. ANALYSIS OF IDEOLOGICAL AND POLITICAL TEACHING CASES IN THE COURSE OF MUSICAL APPRECIATION TAKING "THE SOUND OF MUSIC" AS AN EXAMPLE**

### **4.1 Teaching Objectives**

#### **4.1.1 Knowledge Objectives**

The first is to let students understand the plot, music, and character images of the musical film "The Sound of Music."

The second is to master the basic methods and skills of musical appreciation.

#### **4.1.2 Ability Objectives**

The first is to cultivate students' aesthetic ability and artistic appreciation ability.

The second is to improve students' ability to analyze and solve problems.

#### **4.1.3 Quality Objectives**

The first is to cultivate students' patriotism, optimism, and family values.

The second is to improve students' comprehensive qualities and humanistic qualities.

### **4.2 Key and Difficult Points of Teaching**

#### **4.2.1 Key Points of Teaching**

The first is to analyze the music, plot and characters in the Sound of Music, and explore the ideological and political factors.

Secondly, it is necessary to guide students to combine ideological and political factors with practical life to improve their ideological and moral quality.

#### **4.2.2 Difficult Points of Teaching**

(1) How to make students deeply understand the ideological and political elements in "The Sound of Music" and internalize them into their values and codes of conduct.

(2) How to effectively use ideological and political education methods in the course of musical appreciation and improve teaching effects.

### **4.3 Teaching Methods**

#### **4.3.1 Classroom Lecturing Method**

Through explaining the plot, music and characters of The Sound of Music, teachers guide students to understand the basic knowledge and appreciation methods of the musical.

#### **4.3.2 Case Analysis Method**

Teachers take the specific plots and characters in The Sound of Music as examples to analyze the ideological and political factors contained therein, so that students can deeply understand the connotation of ideological and political education.

#### **4.3.3 Group Discussion Method**

Teachers organize students to have group discussions, share their understanding and feelings of the ideological and political elements of the Sound of Music, and cultivate students' spirit of cooperation and communication skills.

#### **4.3.4 Practical Teaching Method**

By having students learn to sing the songs in "The Sound of Music" and perform the fragments in the play, they can personally experience the charm of musicals and deepen their understanding of ideological and political elements. In the teaching process, the introduction of the learning and singing practice session undoubtedly can greatly enhance students' sense of experience and participation in musicals. In the classroom, the classic arias in the musical film can be selected for learning and singing. This process is just like opening a door leading to the core charm of musical art for students.

### **4.4 Teaching Process**

#### **4.4.1 Classroom Introduction**

The teacher plays the theme song of "The Sound of Music" "Do-Re-Mi", so that students can feel the charm of the musical in the cheerful music and stimulate students' interest in learning.

#### **4.4.2 Plot Explanation**

First of all, the teacher briefly introduces the plot background and main plot of the Sound of Music, so that students have an overall understanding of the film.

Next, the teacher analyzes the character characteristics and growth process of the characters in the play, and guides the students to pay attention to the portrayal of the characters.

#### **4.4.3 Music Analysis**

First, teachers play classic songs from the Sound of Music, such as Do-Re-Mi and Edelweiss, so that students can enjoy the melody and lyrics of the music.

Secondly, the teacher analyzes the role of songs in the plot, the emotion and ideological connotation expressed by songs.

#### 4.4.4 *Learning and Singing Practice*

(1) Learning to Sing "Do-Re-Mi": Starting from the simple musical scale of Do-Re-Mi, the students follow the rhythm of the melody and feel the wisdom and fun of music enlightenment contained in the lyrics word by word. The teacher can give a demonstration singing first to let the students intuitively feel the rhythm and emotional expression of the song, and then lead the students to learn and sing sentence by sentence. During the process of learning and singing, explain the rhythm characteristics of the song, the pitch changes of the notes, and the meaning of the lyrics, so that the students can not only learn to sing but also deeply understand the musical knowledge and artistic connotations behind the song.

(2) Learning to Sing "Edelweiss": The teacher can help the students better understand the emotions conveyed by the song by telling the scene and background story of Captain von Trapp singing this song in the movie. During the process of learning and singing, pay attention to guiding the students to grasp the emotional tone of the song and sing with appropriate timbre and emotions. Students can be organized to perform group singing or solo shows to give every student the opportunity to fully express their understanding and perception of the song.

Through such learning and singing practice, the students are no longer just spectators of musicals but are truly participating in them. They are personally experiencing the undulations and changes of the music melody and feeling the beauty and moving brought by the perfect fusion of language and music. Every note and every line of lyrics are like dancing elves, stirring up layers of emotional ripples in the students' hearts. During the process of learning and singing, the students not only improve their music singing ability but also understand the emotions and thoughts conveyed by the musical works more deeply and cultivate their artistic perception and aesthetic ability. At the same time, this kind of learning and singing activity with personal participation also enhances the interaction and cooperation among students, creates a positive classroom atmosphere, and makes the musical appreciation course more vivid, interesting, and meaningful.

#### 4.4.5 *Exploration of Ideological and Political Elements*

Teachers guide students to explore the ideological and political elements of The Sound of Music in combination with the plot and music. Such as patriotism, optimism, family values, etc.

Teachers organize students to have group discussions to share their understanding and feelings about ideological and political factors.

#### 4.4.6 *Teaching Summary*

The teacher summarized the ideological and political factors in the Sound of Music and emphasized the importance of ideological and political education in the process of music appreciation.

Teachers guide students to combine ideological and political factors with practical life and encourage students to practice these values in their future study and life.

### 4.5 *Evaluation of Teaching Effects*

#### 4.5.1 *Evaluation of Classroom Performance*

Observe students' participation, performance, and attitudes in the classroom to evaluate students' understanding and mastery of teaching content.

#### 4.5.2 *Evaluation of Homework*

Teachers assigned homework on the "Sound of Music analysis report" to evaluate students' post-movie impressions such as the "Sound of Music" and their ability to analyze and write.

#### 4.5.3 *Evaluation of Examinations*

The teacher inspects the students' mastery of music appreciation knowledge and ideological and political elements through the examination, and evaluates the students' learning effect.

## **5. ENLIGHTENMENT AND SUGGESTIONS ON IDEOLOGICAL AND POLITICAL EDUCATION IN THE COURSE OF MUSICAL APPRECIATION IN REGULAR COLLEGES AND UNIVERSITIES**

### ***5.1 Strengthening the Construction of the Teaching Staff***

#### ***5.1.1 Improving Teachers' Ideological and Political Qualities***

Teachers are the implementers of ideological and political education in courses. Only when teachers themselves have high ideological and political qualities can they effectively carry out ideological and political education in teaching. Therefore, colleges and universities should strengthen the ideological and political training of teachers in the course of musical appreciation and improve teachers' political awareness and theoretical level.

#### ***5.1.2 Improving Teachers' Professional Qualities***

Teachers of the musical appreciation course should not only have solid professional music knowledge but also master certain ideological and political education methods and skills. Colleges and universities should organize teachers to participate in professional training and academic exchange activities to continuously improve teachers' professional qualities and teaching levels.

### ***5.2 Optimizing Teaching Contents and Methods***

#### ***5.2.1 Deeply Exploring Ideological and Political Elements***

Teachers should deeply study musical works, explore the ideological and political elements contained therein, and organically combine them with teaching contents. In the teaching process, attention should be paid to guiding students to draw positive energy from art works and cultivating students' correct values.

#### ***5.2.2 Innovating Teaching Methods***

Teachers should adopt diversified teaching methods according to students' characteristics and the needs of teaching contents, such as case analysis, group discussion, and practical teaching, to improve students' learning interests and participation. At the same time, modern information technology should be fully utilized to enrich teaching resources and expand teaching space.

### ***5.3 Establishing and Improving the Teaching Evaluation System***

#### ***5.3.1 Improving Evaluation Indexes***

The teaching evaluation system should include multiple aspects such as knowledge objectives, ability objectives, and quality objectives. It should not only examine students' mastery of musical appreciation knowledge and skills but also evaluate students' ideological and political qualities and comprehensive qualities.

#### ***5.3.2 Diversifying Evaluation Methods***

Teachers use classroom performance evaluation, homework evaluation, examination evaluation, practical activity evaluation and other evaluation methods to evaluate students' learning effect comprehensively and objectively. At the same time, teachers should pay attention to process evaluation, timely feedback on students' learning situation, and promote students' continuous progress.

## **6. CONCLUSION**

The musical film "The Sound of Music" is an art work full of positive energy and contains rich ideological and political education resources. In the course of musical appreciation in regular colleges and universities, through the analysis and appreciation of excellent musical works such as "The Sound of Music," the ideological and political elements therein can be effectively explored and integrated into teaching to improve students' ideological and moral qualities and comprehensive qualities. At the same time, to better implement ideological and political education in courses, colleges and universities should strengthen the construction of the teaching staff, optimize teaching contents and methods, establish and improve the teaching evaluation system, and promote the continuous development and improvement of

ideological and political education in the course of musical appreciation. It is believed that with the joint efforts of the majority of educators, the ideological and political education in the course of musical appreciation in regular colleges and universities will definitely achieve more remarkable results and make greater contributions to cultivating socialist builders and successors with all-round development of morality, intelligence, physique, aesthetics, and labor.

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